



6-Week Study
Beginning Tuesday, March 2
7 - 8:30 p.m.

RESTORING MARGIN TO OVERLOADED LIVES

Do you feel as though you're already living at high speed
yet things just keep going faster and faster?

You are not alone.

Margin is the space between your load and your limits. If you don't have enough time, money, physical energy, or emotional energy to accomplish your tasks for the week, you could be headed for system failure.

Join others in this 6-week small group study as we explore ways to create more "margin" in our lives.

Study includes lessons to:

- Understand load and limits
- Find balance and maintain priorities
- Address the pain connected with overload
- Learn to shift to the simplicity that Jesus lived
- Create space in life to know and follow God's will

Workbook: *Restoring Margin to Overloaded Lives* (\$15)

Location: Kensington

Facilitated by: Kim Elliott

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Visit www.faithandworkministry.org to learn more about Harbor's Faith and Work Ministry.