



IAM READERS GUILD

Discussion Guide

***Supper of the Lamb* by Robert Farrar Capon**

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The questions below are merely prompts to get your discussion going. Keep a brief record of the most interesting ideas that come up during your discussion, and after the meeting, send us a summary (around a paragraph long) to post to the Readers Guild blog! (Email your summary to readersguild@internationalartsmovement.org.)

1. Discuss the differences between ferial & festal cooking. Why do you think most eaters have moved from ferial to festal? With all of our modern conveniences, does this surprise you?
2. Low-fat, low-carb, low-calorie, meatless, and full meat diets are prescribed and embraced by the bundle, but Capon deems this a perversity of the created order. How ought one actually embrace the cooking style he proposes? In your case, would this be a radical departure from one of the above diets? A return to the menu of your youth?
3. Capon cuts straight to the chase! "...a woman who wants to cook well needs a sharp knife and a good eye." Contrast his workmanlike approach with the "gadgety" kitchens of today.
4. Did Capon's imagery help you to understand otherwise confusing theological matters?
5. Discuss the role of the amateur. What role do they play, and why are they necessary?
6. " Paradox is the only basket large enough to hold truth: It is the very simplicity of bread which provides the foundation for the complexities that man has wrought with flower." p. 155-156 Do you agree that is "simplicity which takes the most doing, even though complexity has more going on?"