

Your Next Missional Step: Help a Friend
nextStep #7

"I get by with a little help from my friends." *John Lennon*

Research reveals that when a person is in trouble and needs help, a friend may be as helpful, sometimes *more* helpful, than a professional counselor. Two reasons why: friends open up to friends, and friends listen to friends. For specific advice, consult Collins' *How to Be a People Helper*, Welter's *How to Help a Friend*, or Worthington's *When Someone Asks for Help*. For seven examples of how it's done, we turn to the stories of the Bible.

1. Ad _____ him. *Jethro-Moses* Exodus 18:19

2. Mo _____ with her. *Ruth-Naomi* Ruth 1:16

3. Co _____ him. *3 friends-Job* Job 2:13

4. Cha _____ her.
 ✓ C _____ him. *Morty-Esther* Esther 4:14
 Paul-Peter Galatians 1:11

5. Speak of the _____ to him. *Jon-David* 1 Samuel 20:42
 ✓ P _____ with him. *Dan-3 friends* Daniel 2:18

6. Re _____ her.
 ✓ Get him a job! *David-Meffi* 2 Samuel 9
 Dan-3 friends Daniel 3:49

7. Go into the _____ with him. *Shad-Mesh-Abed* Daniel 3:23
 ✓ Stand with him. *Jon-David* 1 Sam 19:4 20:32