



Topeka Bible Church
NextStep, Message #2:
"Your First Spiritual Step: the Bible"
Community Group Study Questions
Psalm 1

1. Who are the two types of people in this Psalm? List out some general characteristics of each type of person. Do you embody characteristics of either one of these people? Both of these people?
2. Contrast the "activities" of the two people. Which person is presented as more frenetically active? Where in life do you see fevered, windblown activity that ends in nothing (*Ecclesiastes 1:14; 2:11; Matthew 6:19*)?
3. How else is a "blessed" man (*Psalm 1:1-3*) described in the Psalms (see *Psalm 40:4; 89:15; 128:4*)? Why is this "blessedness" so important to God (cf. *Matthew 5:3-11*)? Is it important to you to be considered "blessed?" Why or why not?
4. What enables a righteous man to live as he does (*Psalm 1:2; Psalm 119:1-2*)? Do you believe this is true – that delighting in God's word results in a steady and prosperous life? Explain your answer.

5. What gets in the way of your ability to meditate on the life-giving word of God “day and night?” What excuses do you make for not studying the Scriptures? What other obstacles take “priority” in your life?

6. What changes can you expect if you begin meditating on and applying God’s word on a daily basis (2 Timothy 3:16-17; Hebrews 4:12)? How can studying and living out God’s word change your life for the better?

Spiritual Growth
(UP) 

7. **NextStep APPLICATION:** What are two or three specific ways that you can grow as a “Psalm 1” person who “delights” in the law of the Lord this week? Do you need to consider signing up for NextStep 101 or 102, or a men’s or women’s Bible study?

Memory Verse:

“But his delight is in the law of the LORD, and on his law he meditates day and night.”

(Psalm 1:2, NIV)

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